

# Transitioning to Post-Secondary Checklist

- attend the guidance department's grad presentation in September; there you will receive a copy of "Dates to Remember" along with other much needed info
- have parents/guardians attend the grad parents information night in September
- become knowledgeable about my IEP; know my strengths and learning needs
- know the accommodations that will provide me with an opportunity to succeed at post-secondary. Get documentation ready- updated copy of IEP (see my SERT), copy of last educational assessment report if applicable (often these need to be less than three years old-check with the college/ university), physician letter(s) if applicable (re: ADHD, mental health issues, Autism Spectrum)
- practice self-advocacy skills in high school; these skills will be needed at post-secondary
- research post-secondary programs and their requirements (pre-requisites / recommended courses); think of personal strengths and interests when making my choice
- attend the various college and university fairs in the fall; permission forms for this are sent out in a summer school mailing and money is due at registration in August
- attend individual College /University liaison visits in the fall; most are during senior lunch (refer to "Dates to Remember" for liaison dates)
- see guidance counsellor if I have any questions before applying
- apply well before the deadline (before Christmas holidays if possible)
- if I choose to, identify myself as an identified student with learning needs to the Learning Resource Centre upon acceptance. Some institutions recommend identifying yourself during the admission process (check with each institution; will need to send in additional documentation)
- see my SERT, as needed, throughout my last high school year
- look into college/university transition programs (see transition programs link)
- look into loans (OSAP), scholarships, bursaries (see transition websites link); attend guidance department's presentation in the spring. Information can also be found on our school's website, in the guidance department area. There is a link to the board website as well that has info on scholarships